

Barking & Dagenham Partnership

NI 51 – Effectiveness of CAMHS

Responsible Owner

Chris Pelham – Acting Head of Safeguarding and Rights

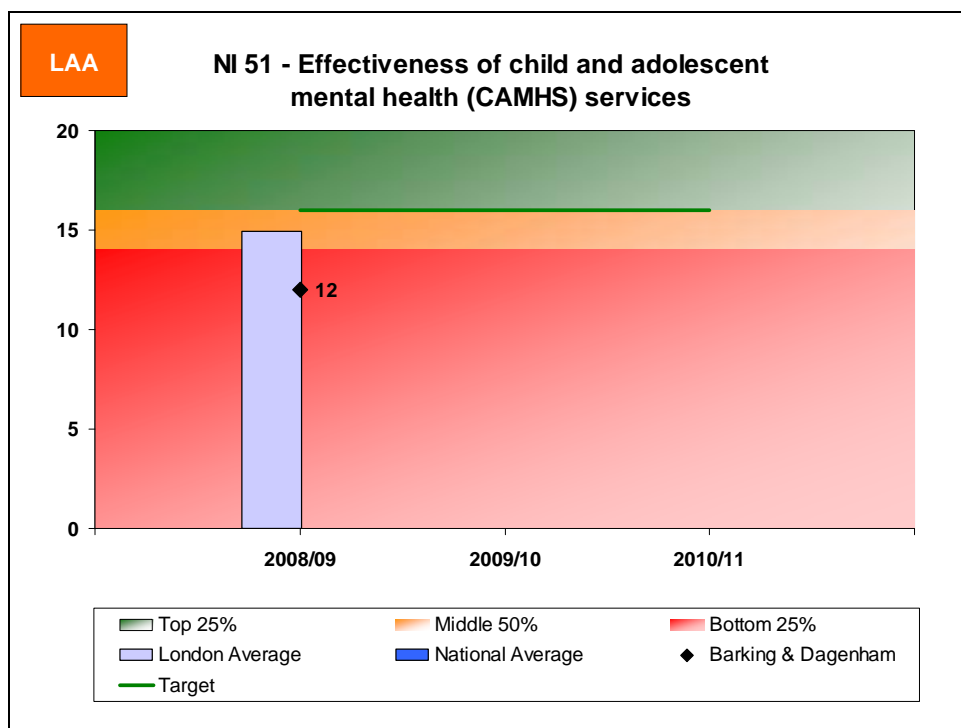
National Indicator Rationale

This indicator is based around a self assessment questionnaire used to measure how effectively mental health services meet children’s mental health needs. This is an aggregated score of 1 to 4 for each of four questions, where a total of 4 is the lowest possible score and 16 is the highest.

Current Performance

Performance against Target

Off Target



Current Performance Commentary

This is a recently new indicator achieving 14 in the first year (2006/07) then rising to 16 before falling dramatically to 12 in 2008/09. This is thought to be due largely to change in the self assessment methodology. A target of 16 has been set for each year to 2011/2012 which could prove a challenge.

The Tellus3 survey tells us that around 40% of young people consider themselves to be emotionally healthy, and there is considered to be a ‘hidden need’ amongst children and young people not attending school and travellers.

CAMHS has improving relationships with the PCT and the Council and capacity has improved and many patient waiting times have been successfully reduced. A new CAMHS joint strategy is to be delivered in 2009/10.

Key Issues:***Specific reasons for underperformance, including equalities / area issues where relevant***

1.	Lack of development and capacity and highly skilled specialist clinicians from areas where recruitment to these specialties is difficult
2.	A need to improve access to Child Mental Health services and strengthen links with primary care colleagues and universal services including GP's, schools and Children's Centre's
3.	A need to facilitate additional early intervention support
4.	A need to Improve services for children and young people with Learning Difficulties and Disabilities

Key Projects:***Areas of current /planned projects should focus on reasons for underperformance and link to the Key Issues listed above***

Key Issue No.	Project Title	Key Milestones / Date	Project Lead	Project Details
1	<u>Early Intervention in Psychosis (EIP) CAMHS nurse</u>		Sue Boon/Merrisha Briscoe	The capacity of specialist CAMHS services has been increased with the number of in-post clinical staff now at 18.4 compared to 17 last year. The vacancy factor in tier-three is less than 9 per cent in 2008/09 and investment has been made for recruitment to vacant posts. The EIP CAMHS nurse post has been well integrated within CAMHS and has strengthened links with Adult Mental Health.
2, 3	<u>Pilot Project Primary School Therapy Service</u>	Commenced Feb 09 (3 year pilot)	Sue Boon/Merrisha Briscoe	A unique Pilot Project Primary School Therapy Service to 11 primary schools across the 6 locality areas in the borough over the next three years. The project supports early intervention enabling young children access to emotional support within school. The pilot will be formally evaluated by the Anna Freud Centre, and a steering group with stakeholder participation will monitor the effectiveness and roll out within the borough.
2			Sue Boon/Merrisha	The Secondary School Counselling Service has been extended to ensure all

			Briscoe	<p>secondary schools have a minimum of one day core counselling provision. This has also increased psychologists provision within schools.</p> <p>NHS B&D has funded a Learning Difficulties and Disabilities specialist post in tier three to develop community outreach services</p>
1,2,3,4			Sue Boon/Merrisha Briscoe	90 per cent of schools are also engaged in programmes that develop Social Emotional Aspects of Learning (SEAL) skills of children and young people
2, 3			Parenting Support	A Parenting Support Strategy has been developed, with services at 3 levels of intensity of need. The success of the implementation of this strategy will depend on the appointment of a dedicated Parenting Champion and Parenting Commissioner.
1,3,4			Sue Boon/Merrisha Briscoe	Increased workforce to CAMHS Learning and difficulties and possibilities provision Clinical Psychologist and funded Learning Difficulties and Disabilities Nurse Post at Trinity School

Key Risks:

Risks may relate to specific projects or to performance in general

- Pilot Project Primary School Therapy Service is a longer term intervention and it may take time to monitor the effects. It also requires ongoing funding from partners and stakeholders.
- The Parenting Support Strategy is dependent on the appointment of a dedicated Parenting Champion and Parenting Commissioner
- (SEAL) is not yet a full roll out across all schools

Actions for Improvement (To be used for Quarterly Reporting):

Plans for further interventions must be robust and show clear prospects for improving performance

- Continue to increase capacity/recruitment of CAMHS specialists
- Improve community outreach services through the above named projects.
- Enhanced LDD role out of services and continued community engagement